Dear Cougar Families,

As head into Spring Break, I wanted to take a moment to remind you of the upcoming events and key dates as we head into the final stretch of the school year. This is an exciting time filled with opportunities to reconnect with family and friends, recharge our batteries, and gear up for the home stretch leading to prom, graduation, and hopefully, some much-needed sunshine.

Spring Break marks a perfect time to step away from the hustle and bustle of everyday life and enjoy quality time with loved ones. It's an opportunity to relax, rejuvenate, and create lasting memories with those who matter most. I encourage each and every one of you to take full advantage of this well-deserved break, whether you're planning a getaway or simply enjoying some downtime at home.

As we return from Spring Break, we will be diving headfirst into the fourth quarter, where our students will have the chance to finish the year strong academically, socially, and emotionally. With Spring sports in full swing, and prom and graduation on the horizon, there's a palpable sense of excitement and anticipation in the air. These are milestones that our students have been eagerly looking forward to, and I have no doubt that they will make us all proud with their accomplishments.

I urge our students to use this time not only to focus on their studies but also to reflect on their personal growth throughout the year. It's a time to set new goals, reaffirm commitments, and approach the remainder of the year with a sense of purpose and determination. Let's support and encourage one another as we navigate the challenges and celebrate the achievements that lie ahead.

As we embark on this final leg of the school year, let's remember to prioritize self-care, maintain a healthy balance between work and play, and embrace each day with a positive outlook. By coming back from Spring Break recharged and ready to tackle whatever comes our way, we set ourselves up for success and ensure that we finish the year on a high note.

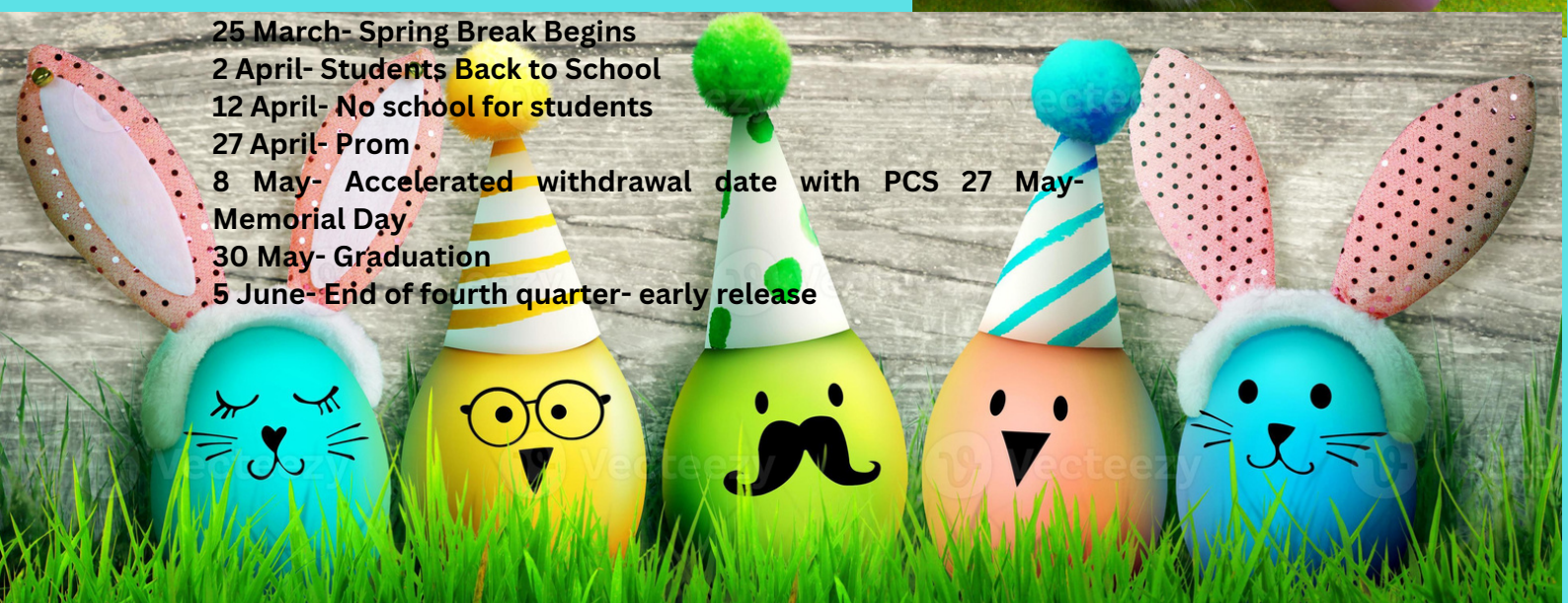
Thank you for your continued support, dedication, and partnership in your child's education. Together, let's make the most of the remaining weeks and create lasting memories that will be cherished for years to come.

Wishing you all a safe, enjoyable, and rejuvenating Spring Break!

Warm regards,

David T. Popielski

Important Dates:



25 March- Spring Break Begins
2 April- Students Back to School
12 April- No school for students
27 April- Prom
8 May- Accelerated withdrawal date with PCS 27 May- Memorial Day
30 May- Graduation
5 June- End of fourth quarter- early release

Respiratory Virus Guidance Snapshot

Core prevention strategies

CORE STRATEGIES

Immunizations

Hygiene

Steps for Cleaner Air

Treatment

Stay Home and Prevent Spread*

Additional prevention strategies

ADDITIONAL STRATEGIES

Masks

Distancing

Tests

Layering prevention strategies can be especially helpful when:

- ✓ Respiratory viruses are causing a lot of illness in your community
- ✓ You or those around you have risk factors for severe illness
- ✓ You or those around you were recently exposed, are sick, or are recovering

***Stay home and away from others until, for 24 hours BOTH:**

Your symptoms are getting better

You are fever-free (without meds)

Then take added precaution for the next **5 days**

JESSICA KEELE

Registrar/Attendance AMHS

Email: Jessica.Keele@DoDEA.edu
AnsbachMHSRegistrar@DoDEA.edu
CIV: 0611-143-545-2158 ext 4364
DSN: 314-548-2158 ext 4104
Fax: +49-9802-1496
Calling From US: 011-49-6111-4354-52358
Fax From US: 011-49-9802-1496

Missing School TODAY?

Please report via email or phone call by 9:00 am

Trouble logging in? I can help!

https://dodeasis.myfollett.com/aspen/logon.do

To access the DoDEA SIS Family Portal/ASPEN accounts, please use the separate emails associated with the sponsor and the spouse. Please do not create additional accounts; instead, call the registrar for assistance. Should you forget your password, or if you are setting up your SIS account, please note that auto-generated emails will come from ASPEN. Use your exact contact information to access accounts; if not, this may lock you out and will need to be reset.

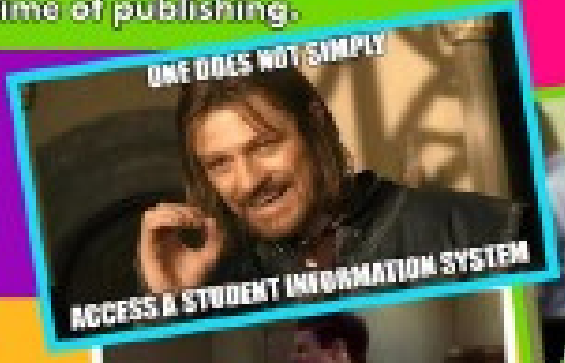
ARE YOU MOVING or PCSing?

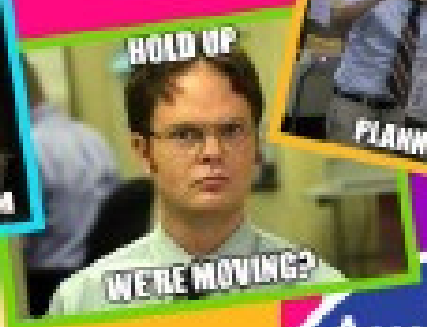
If you are PCSing soon, please inform us of your plans. We need four to two weeks' notice before the student's final day of school to prepare records.

If your PCS falls during the school year, you may be eligible for the Accelerated Withdrawal Process. To apply, the student must be in school through the close of business/end of the school day on May 7th and should stay as long as possible after that date. Orders will need to be provided to show the report date occurs before the end of this school year. The student will be responsible for schoolwork needed to demonstrate mastery of concepts through the end of the school year. Please reach out to obtain the necessary forms.

Once any withdrawal process is complete, records will be available the following business day or up to 24 hours later.

PLEASE VERIFY THAT YOU HAVE ACCESS TO YOUR PORTAL ACCOUNT! If you do not have access when report cards are published, you will be unable to see that report. Report cards only publish to accounts that are active at the time of publishing.





Accelerated Withdrawal Date S2

05.07

(COB close of business)

0611 143 545 2158

FOR MORE INFO VISIT

https://ansbachmhs.dodea.edu/school-registration

Ansbach Middle High School's

School Advisory Committee

You are Invited!

Join us for the next SAC meeting held at AMHS May 22 nd at 3:30 pm in the Center for Excellence.

The SAC serves as a way for community members to participate in a variety of educational matters including the creation of school policies and educational resources within the school, allocation of school resources, pupil services (health, special ed., testing, evaluation), student standards of conduct and discipline and more.

Dear Families

Check out DoDEA's college and career ready platform, SchooLinks! This online program is for students in grades 6-12 to explore colleges and careers and to set goals to meet their post-secondary plans. Check out the informational video from DoDEA Director, Tom Brady below.

Tom Brady introduces Schoolinks

Parents and Guardians now have the opportunity to join their student in their career and college exploration process. Students have sent invite emails at least one parent to have access to SchooLinks through your own account, which is linked to your student. Please check your email and claim your account now.

See video link below for help.

Click here for VIDEO instructions on how to claim your parent account

Click here for step by step how to claim parent account with pictures

SchooLinks allows you and your student to:

- View the results of your student's career interest, strength, and mindset assessments to learn more about their interests and what careers might be right for them
- See what colleges and careers your student has favorited and set as goals
- Apply and track the status of college applications
- Check your personalized dashboard for upcoming events as well as important reminders and to-dos for your student
- Complete your own research on colleges, careers, and more to help you have informed conversations with your student
- Compare college costs and explore expected financial aid, scholarships, and out of pocket expenses
- Review your student's high school course plans.

o All 7-11th grade students will have submitted new course plans by December 15,2023. Have your child login to Schoolinks on their school issued laptop and show you their plan.

Use the instructions in the video above to activate your parent account.

Ms. Daniels

2024 SUMMER HIRE PROGRAM

- **What:** Paid Internship-earn $$$ and experience!
- **When**: June 17-July 26, 2024
- **Who**: Ansbach Youth ages 14-22
- **Where**: Multiple Locations (Library, Dept. of Emergency Services, Dept. of Public Works, Post Office, Ed Center, Military Personnel Division, and ACS)
- **Contact**: Karen Beatty at karen.a.beatty.civ@army.mil
- Positions posted soon at https://www.usajobs.gov

AMHS Morning Announcements

Cougar Cafe

Start your day with a cup of good news.

Keep up with important school news and watch student productions anytime.

https://www.youtube.com/c/AMHSNews

AMHS Cougar News Crew

Check out videos created for Ansbach Middle High School by The Cougar News Crew & the Broadcast Journalism Club.

YouTube

#STAY UP-TO DATE

AMHS PUBLIC CALENDAR

Ansbach Middle High School Public Calendar (google.com)

Dear Middle School Students and Parents,

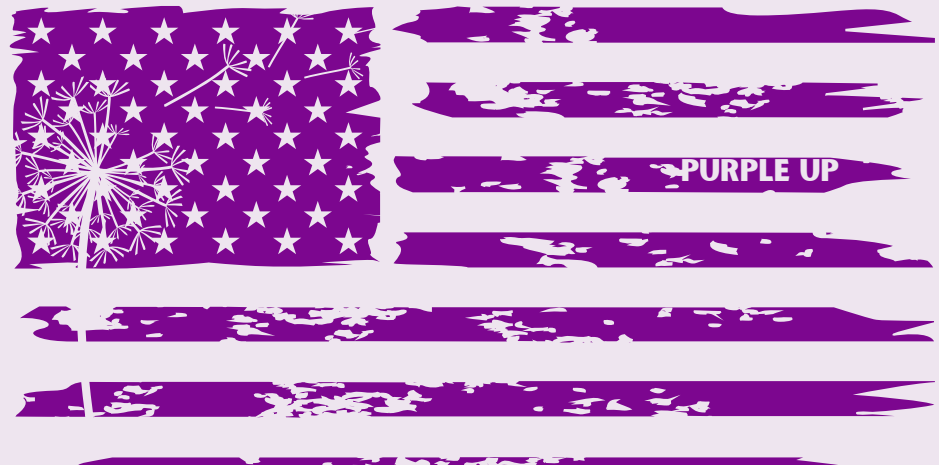
AMHS sends out a daily link to the daily homework bulletin, The Cougar Byte. This message goes out to all 6th, 7th, and 8th grade students. If you are not receiving this and would like to, please send an email to

deborah.dameron@dodea.edu

Please contact me if you have any questions.

Sincerely,

Deborah Dameron



ANSBACH MIDDLE HIGH SCHOOL
ANSBACH, GERMANY

The breakstore is open for ONE special day!!

Monday, April 15th

“Purple Up! For Military Kids” Day

We will be GIVING FREE snacks to each student at AMHS wearing purple on 4/15!

(Don't worry! We will ensure everyone has access to something purple!)

Please consider making a monetary donation to the AMHS PTSO to help cover the cost!

scan the QR code to donate online
or bring a check or cash to the front office!

April is almost here! Military kids are one-of-a-kind and have amazing stories to share. We'd love to hear them! Visit Your paragraph text to submit their story, artwork, poetry and more!

JOIN OUR ANSBACH HIGH SCHOOL DRILL TEAM

Show off your moves and join the team!

Bring your passion for creative learning and we'll provide the rest.

Open to all students grades 8-12th at Ansbach High School. Starts February 26 and ends in early May. For more information see MSG(R) Buchanan in the JROTC classroom or email him at christopher.buchanan@dodea.edu

FOLLOW US FACEBOOK.COM/9THJROTCBN OR INSTAGRAM.COM/9THJROTC/

JROTC Cyber Security Training Opportunity...Learn "Ethical Hacking Skills"

9th JROTC Cadets - You could help defend the nation from cyber threats! Jump into the thrilling world of CyberStart and take down criminals while mastering real cybersecurity skills across 200+ awesome challenges. You could even win scholarships towards your future!

This is a wonderful opportunity for JROTC Army cadets to learn new skills in cybersecurity, get free access to professional training ($3000 course cost free to eligible cadets), and gain an industry-recognized certification - all through playing a fun, beginner-friendly game.

Register now to get FREE access to the game at
Cyber Start

See MAJ Roberts for further information.

March BSEL Theme: Responsibility

Unsure how to teach a teenager responsibility? It can be hard to encourage this in teens, so here are 22 ways to teach and instill responsibility even in the most reluctant of teens.

1. Set expectations
2. Give them chores
3. Encourage your teen to help out
4. Let your teenager show how much responsibility they can handle
5. Allow choice
6. Trust your teenager
7. Let there be consequences
8. Reward your teen
9. Get your teen to volunteer
10. Join a youth group
11. Explain needs vs wants
12. Help your teen set goals
13. Instill accountability
14. Teach various responsibilities
15. Respect your teen's individuality
16. Time management skills matter
17. Lead by example
18. Discuss responsibility regularly
19. Talk about your responsibilities
20. Be consistent
21. Realize your teenager will never be perfect
22. Observe, help, and advise – but only to a point

Source: https://www.gohenry.com/us/blog/money-management/how-to-teach-responsibility-to-a-teenager
Another resource for "How to teach teens to be more responsible' is https://www.connectionsacademy.com/support/resources/article/how-to-teach-teens-to-be-more-responsible/

Mixed Martial Arts

Fridays 5 - 5:45 p.m. First class begins April 5

14-17 years old

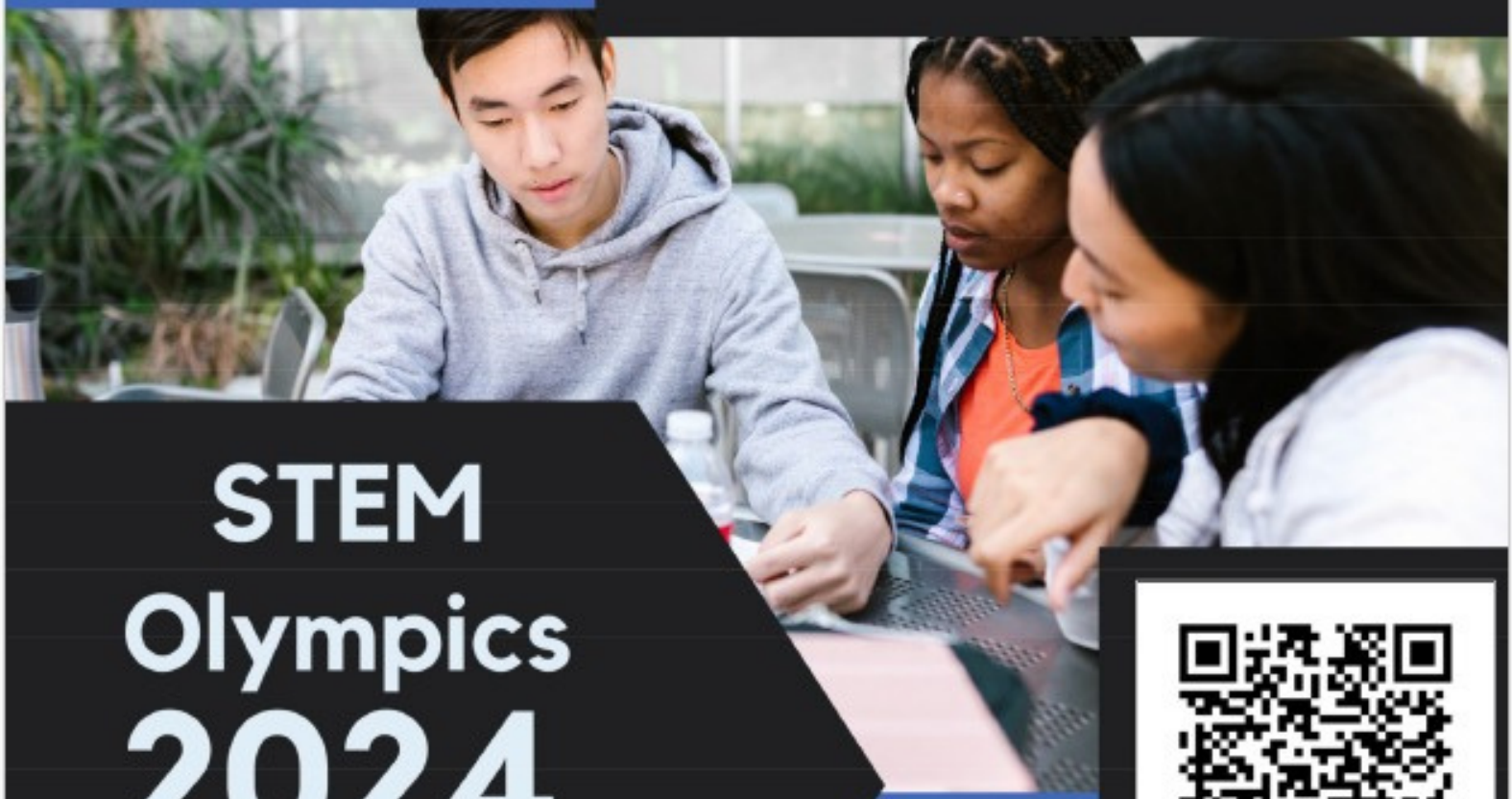
One class per week
for eight weeks

SKIES Unlimited
Schools of Knowledge, Inspiration, Exploration & Skills

Enroll at Parent Central Services
or on WebTrac online

CHILD & YOUTH SERVICES

U.S. ARMY MWR



STEM Olympics 2024

Schools win pride!

Teachers win STEM Grants!

Students win scholarships!

Challenges

Engineering

Programming Cybersecurity

STEM Challenge

For any student interested please reach out to Mr. Rauscher

For More Information : afceastemolympics@gmail.com

Ansbach Cougars

2024

Spring Sports Schedule

Soccer ***Normal Start Times: Saturdays at 12:00***

9	Mar.	**HOME**	vs. **Brussels** (13:00)
16	Mar.	at	**Black Forest Academy** (Kandern, Germany)
6	Apr.	at	**Alconbury Co-Ed** (England)
		at	**Kaiserslautern** (Girls vs. Kaiserslautern JV)
13	Apr.	**HOME**	vs. **AFNORTH**
20	Apr.	at	**Vilseck** (10:00)
27	Apr.	**HOME**	vs. **SHAPE**
4	May	at	**Spangdahlem Co-ed** (Girls vs. AFNORTH)
11	May	**HOME**	vs. **Hohenfels Co-ed** (11:00)
			vs. **Brussels** (13:00)
20-23	May	**Kaiserslautern**	***European Championships***

Track & Field ***Normal Start Time: Saturdays at 10:00***

16	Mar	at	**Kaiserslautern** (Relay Meet)
6	Apr.	**HOME**	**(15 Teams)**
13	Apr.	at	**Kaiserslautern**
20	Apr.	**HOME**	**(15 Teams)**
27	Apr.	at	**Munich IS**
4	May	at	**Vilseck**
11	May	at	**Black Forest Academy**
18	May	at	**Stuttgart**
23-24	May	**Kaiserslautern**	***European Championships***

Updated: 03/04/2024

GO COUGARS!!!

JROTC Cybersecurity Training (Suspense End of January)

Cadets can register on CyberStart America or Cyber FastTrack training programs.

If they score high enough in SY2023-24 they will be invited to apply for a scholarship award offered by the NCSF, or another partner, after the program closes in January. More scholarships and awards may be listed here at any time up until the training programs close in January. Cadets will automatically be considered for any award for which they meet the eligibility criteria when they submit a scholarship application.

Once a Cadet has reached the required number of points (2500) or completed the minimum number of challenges (15) playing the CyberStart Game, they will be given a license code for Foundations Level 1.

Once you, the Cadet, are given a Level 1 license code, it is up the individual Cadet to go into CyberStart Foundations and register using the license issued them. Once a Cadet has passed Level(s) 1-3, they will automatically be sent a license code for the next level by SANS. A cadet has the potential to take the GFACT exam during Level 4. Once a cadet reaches Level 4, they will have the opportunity to take the CyberStart GFACT exam which will certify them in Cyber Security.

Contact Major Roberts for more information at Madonna.Roberts@student.dodea.edu or Madonna.Roberts@dodea.edu